

**EUROMASTERS SERIES 2010
Belgian leg**

LASER, LASER RADIAL & LASER 4.7

Including Open Belgian Championship Master 2010

SAILING INSTRUCTIONS

Co-ordinating Authority: Luc Dumonceau, Avenue de l'Amarante 13, B 1020 Bruxelles, Belgium.
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Sat 4th September 2010 - Sun 5th September 2010
BELGIUM, Nieuwpoort



Organising authority: Koninklijke Yacht Club Nieuwpoort (K.Y.C.N)



in association with Laser Group Belgium



1 RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2 The prescriptions of the Belgian National Authority (KBYV – FRBY) will not apply.
- 1.3 Laser class rule 7 (a) is restricted as follows:
Only one person shall be on board whilst racing. The person shall be named on the entry form.
- 1.4 Sails shall have the full sail number and NATIONAL LETTERS in accordance with the Class Rules and RRS. The national letters shall denote the National Authority of which the sailor is a member in accordance with RRS 75.2 and with 2.1 Entry regulations below. This changes RRS Appendix G 1.1.
- 1.5 If there is a conflict between languages the English text will take precedence.
- 1.6 All times mentioned are local summertime (UTC + 2) unless otherwise stated.

2 ENTRY REGULATIONS

- 2.1 Only current fully paid members of the International Laser Class Association may enter the regatta. During registration each sailor will be required to show clear written evidence of current membership of their national Laser Association.
If a sailor is unable to present this, he/she will be charged a fee of € 70 (payable in local currency), € 10 of which will be retained by the collecting club and € 10 by ILCA, to cover administration. € 50 will be passed on to the sailor's district, who may refund it to the sailor if he/she is already a current member, or may put it towards that sailor's membership fee if he/she is not a member.
- 2.2 Competitors shall reach the following ages during 2010:

Age Group	Masters Category
35 to 44	Laser Standard Apprentice Master
	Laser Radial Apprentice Master
	Laser 4.7 Apprentice Master (Women only)
45 to 54	Laser Standard Master
	Laser Radial Master
	Laser 4.7 Master (Women only)
55 to 64	Laser Standard Grand Master
	Laser Radial Grand Master
	Laser 4.7 Grand Master (Women only)
65 and over	Laser Radial Great Grand Master
	Laser 4.7 Great Grand Master (Women only)

- 2.3 Crew substitution is not permitted.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the windows of the race office under the banner "NOTICE TO COMPETITORS".

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 21:00 on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the signal mast near the race office except flag "G" which will be displayed on the flagstaff near the slipway.
- 5.2 Flag V with two sound signals (one when lowered) means "No boat shall go afloat until this signal is lowered. The first warning signal will be made not less than 1 hour after V is lowered".
- 5.3 Flag AP with two sound signals (one sound signal when lowered) means "the race is postponed. Flag V shall be lowered or another signal shall be made ashore one minute after AP is lowered"

6 MEASUREMENT

Wet clothing, measurement and equipment checks may be made throughout the Regatta at the discretion of the Class Representative, Race Committee or Protest Committee.

7 BOATS AND EQUIPMENT

- 7.1 All competitors shall use only one hull, sail, mast, boom, centreboard and rudder
- 7.2 In the event of damage, boats and equipment may only be substituted with the written permission of the Regatta Measurer. If the damage occurs later than 90 minutes before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the Regatta Measurer, Protest Committee or Race Committee and the written permission of the Regatta Measurer shall be applied for before the end of Protest Time at the end of the day in which the substitution takes place.
- 7.3 Woman competitors shall place a red diamond on each side of their sail (back to back) in compliance with class rule 4(g). The diamond shall be 240 mm high and 180 mm wide +/- 5 mm and shall be located immediately above the top batten .Please see http://www.laserinternational.org/information/red_diamonds.pdf for more information.

8 FORMAT OF RACING

- 8.1 All Standard boats start together (see also 7.2.). The Laser Radials and Laser 4.7's respectively will have separate starts if there are 5 boats or more. For 4 or less boats respectively the Laser Radials and Laser 4.7's start with the Standard fleet. In the latter case there are still separate fleet rankings for the Laser Radial and Laser 4.7.
- 8.2 Fleets will not be formed.

9 SCHEDULE OF RACES

- 9.1 Three races a day are scheduled.
- 9.2 One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to instruction 4.
- 9.3 The scheduled time for the first warning signal for the first race each day is as follows :

Sat 4th Sept 12h00

Sun 5th Sept 12h00

- 9.4 The warning signal for the start of the second and subsequent race(s) each day will be made as soon as practicable after the finish of the last boat in the previous race for that fleet. This may be before all the fleets in the previous race have finished
- 9.5 On the last day of the regatta no warning signal for any fleet will be made after 16h30
- 9.6 Starting Sequence:
1. Laser Standard fleet
 2. Laser Radial fleet
 3. Laser 4.7 fleet

The starting sequence will be signalled with warning signals on the race committee starting vessel.

10 CLASS FLAGS AND FLEET/BOAT IDENTIFICATION

- 10.1 The Class Flags will be:
- | | | |
|----------------------|-------------------------|--------------------------------|
| Laser Standard fleet | LASER CLASS FLAG | (white with a red Laser logo) |
| Laser Radial | LASER RADIAL CLASS FLAG | (green with a red Laser logo) |
| Laser 4.7 fleet | LASER 4.7 CLASS FLAG | (yellow with a red Laser logo) |
- 10.2 Each boat in the following fleets shall display a coloured band on her bottom mast between the vang fitting and the boom corresponding to the colour of the fleet in which the competitor is sailing as follows:
- | | |
|----------------------|--------|
| Apprentices: | Green |
| Masters: | Red |
| Grand Masters: | Blue |
| Great Grand Masters: | Yellow |

Each competitor shall collect the band from the Race Office. The colour band shall be returned before the end of Protest Time on the last day of the regatta.

11 RACING AREA

- 11.1 The approximate racing area is shown in Attachment 2 to these S.I.
- 11.2 Before the starting signal, the racing area is the area within 100 metres of the starting line. After the starting signal, the racing area is the area within an imaginary line drawn 100 metres outside any point where a boat might sail during normal racing and includes the area bounded by marks 1, 2, 3, 4, 5 and 6 at all times when any boat of any fleet is still racing.

12 THE COURSES

- 12.1 The diagrams in Attachment 1 to these S.I. show the courses, the order in which marks are to be passed and the side on which each mark is to be left.
- 12.2 Fleets will always use the same course (see Attachment 1).
- 12.3 No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.
- 12.4 The course may be shortened to finish at a rounding mark provided 3 or more legs (excluding 1 to 1a) will have been sailed.
- 12.5 If more than 60 boats start together, the leeward marks will be set as gates. The gates at Marks 3 and 4 may be laid after the start.

13 MARKS

13.1

Mark 1	White inflatable cylinder buoy with KYCN logo High 1.5 m, Dia 1m
Mark 1A	Yellow inflatable cylinder buoy High 1m, Dia 0,8
Mark 2	Orange inflatable cylinder buoy with RYCB logo High 1.5 m, Dia 0,8m
Mark 3S & 3P	Orange inflatable cylinder buoy with RYCB logo High 1.5 m, Dia 0,8m
Mark 4S & 4P	White inflatable cylinder buoy with KYCN logo High 1.5 m, Dia 1m
Mark 5	White inflatable cylinder buoy with KYCN logo High 1.5 m, Dia 1m
Mark 6	Orange inflatable cylinder buoy with RYCB logo High 1.5 m, Dia 0,8m
New marks, as provided in SI Erreur ! Source du renvoi introuvable.	Yellow unmarked inflatable cylinder buoys High 1.4, Dia 1m
Starting marks	The starboard starting mark will be yacht "DAGON" The port starting mark will be motorboat "KYCN Rescue" displaying an orange flag
Finishing marks	The starboard finishing mark will be a committee boat displaying a blue flag The port finishing mark will be a red inflatable bouy

13.2 A race committee boat signalling a change of a leg of the course is a mark as provided in SI

14 THE START

14.1 The starting line will be between staffs displaying orange flags on two race committee boats.

14.2 Races will be started as follows. This changes RRS rules 26 and 30.

Time before start	Signal	Visual signal	Sound signal
5 minutes	Warning	Class Flag(s)	1 sound
4 minutes	Preparatory	Flag P or Black Flag	1 sound
1 minute	1 Minute	Flag P or Black Flag removed	1 sound
0 minutes	Start	Class Flag(s) removed	1 sound

14.3 The warning signal for the next start will be made as soon as practicable after the previous start. Prior to the start of the second and any subsequent races of the day an orange flag will be displayed with a long sound signal at least 4 minutes before the warning signal of the next race will be given.

14.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

14.5 A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes rules A.4 and A.5

15 STARTING PENALTIES - BLACK FLAG RULE

15.1 Black flag rule

(a) Rule 30.3 is supplemented as follows:

Sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed. A boat whose number is so displayed shall leave the racing area, defined in instructions S.I. 11.2 before the new preparatory signal. If she fails to do so, she may be scored DNE.

(b) When the race committee decides that its application of rule 30.3 entitles a boat to redress under rule 62.1(a), it may give her redress by not displaying her sail number and not disqualifying her (change of rules 30.3, 60.2 and 63.1)

15.2 If possible the sail numbers of boats disqualified under RRS 29.1 or 30.3 will be displayed at Mark 1.

16 CHANGE OF THE NEXT LEG OF THE COURSE

- 16.1 When it is not possible to change the position of Standard Marks, the course may be reset using one or more Alternate Marks. When Alternate Marks are already in use, the course may be reset using Standard Marks.
- 16.2 A change of course after the start will be signalled before the leading boat has begun the leg, although the changed mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.
- 16.3 The compass bearing of the changed leg may be displayed. "+" and "-" signals will not be displayed. This changes RRS rule 33.
- 16.4 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

17 ABANDONING A RACE

The race committee may abandon the race under rule 32.1 because of a major wind shift or irregular winds or when the wind speed drops below 5 knots (2.5 m/s). Action or no action by the race committee under this instruction will be no grounds for redress. This changes rule 62.1(a).

18 THE FINISH

- 18.1 The finishing line will be between the staff displaying a blue flags on a committee boat and the port-end finishing mark.
- 18.2 If a course is shortened at a "gate" the finishing line will be between the 2 marks of the gate.

19 TIME LIMIT

- 19.1 The length of the course will be set for a target time of 70 minutes. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 19.2 Boats failing to finish within 30 minutes after the first boat in her fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

20 PENALTY SYSTEM

- 20.1 Appendix P will apply, with the following amendments:
- (a) On the first protest, if protested after she has finished, she will be given a scoring penalty of 8 points without a hearing
- (b) Appendix P3 is modified to read: "If a boat has been penalised for the first time under Appendix P1 and the race committee signals a postponement, general recall or abandonment, the penalty is cancelled, but it is counted to determine the number of times she has been penalised during the regatta.
If a boat has been penalised for the second or subsequent time under Appendix P1 and the race committee signals a postponement, general recall or the race is abandoned, the boat shall not sail in this race if it is restarted or re-sailed. If she does, she shall be disqualified without a hearing and her score shall not be excluded."
- (c) Action by the Protest Committee under Appendix P shall not be grounds for a request for redress by a competitor. The Protest Committee however may initiate redress. This changes rule 60.1(b), 60.2(b) and Appendix P4
- 20.2 Measurement penalties
- (a) If a boat is sailed without a centreboard stopper, or with no mast retention line attached (class rule 3(b) xi), a scoring penalty of 20 points will, without a hearing, be added to the boat's score in the last completed race in which she was racing without the centreboard stopper or retention line in regattas with 20 or 20 or more competitors, and a 10 point penalty in regattas with less than 20 competitors. However, she shall not be scored worse than DSQ }
- (b) Any changes to the boat which have not been authorised as per S.I. 5.2. will result in the sailor's disqualification without a hearing from the last race completed when the change was made.
- (c) For any other measurement protest, the protest committee may issue an alternative penalty to disqualification.
- (d) S.I. 17.2 changes rule 63.1.

21 PROTESTS

- 21.1 Protests shall be written on forms available at the Protest Committee office and delivered there within the protest time which will begin as soon as practicable after the finish of the last boat in each fleet. The end of protest time will be posted on the official notice board and may be different for each fleet.
- 21.2 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located near the Race Office.
- 21.3 Notices of protests by the race committee or Protest Committee will be posted to inform boats under rule 61.1(b).
- 21.4 A list of boats that have been penalised under Appendix P will be posted on the official notice board.
- 21.5 Breaches of instructions 1.4, 5.2, 14.2, 25, 27, 29 and 30 shall not be grounds for a protest by a boat. This changes rule 60.1(a). For these breaches the protest committee may apply another penalty in place of disqualification.
- 21.6 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- Within the protest time limit if the requesting party was informed of the decision on the previous day;
 - No later than 15 minutes after the requesting party was informed of the decision on that day;
 - No later than 15 minutes after a signal to abandon racing is displayed ashore.
- This changes RRS rule 66.

- 21.7 On the last scheduled day of racing a request for redress from a Protest Committee decision shall be delivered no later than 15 minutes after the decision was posted. This changes rule 62.2(a).
- 21.8 Measurement Protests
Measurement protests shall only be accepted from the race committee or the Protest Committee. This changes rule 60.1(a).
- 21.9 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

22 ARBITRATION SYSTEM

Not available

23 WHISTLE SYSTEM

To encourage boats to take penalties afloat, Protest Committee members may blow a whistle when they see what they believe to be a breach of a rule. If no boat takes a penalty, the Protest Committee may lodge a protest.

24 SCORING

- 24.1 For all classes, 2 races are required to be completed to constitute a regatta.
- 24.2 For all classes 3 races are required to be completed to constitute a valid Open Belgian Championship
- 24.3 Individual Regattas
The individual regattas will be scored using the Low Point System according to RRS Appendix A.
The Laser 4.7 fleet is only open to women.
The ranking at the individual regattas will be by extraction for each age category for each fleet and a separate ranking will be extracted from each age category for the Laser Radial women.
This ranking will be extracted from the overall position in the Laser Standard fleet and Laser Radial fleet unless there is more than one start in the Laser Standard fleet when the ranking will be extracted from the overall position in the starting fleet.
If a points scoring penalty for a breach of rule 42 or under the Arbitration System would result in a score worse than DSQ, the penalty will be that corresponding to DSQ. The scores of other boats will not be changed.
- 24.4 Overall Series
The overall Series ranking will be by extraction for each age category for each fleet and a separate ranking will be extracted from each age category for the Laser Radial women.
The 2010 Euro Masters Series will consist of 13 regattas. A minimum of 2 races must be sailed by a competitor to be included in the 2010 Euro Master Series ranking and a competitor's best 3 results will be scored for the Overall Series.
The winner shall be the boat with the lowest total score. When there is a tie on the total points between two or more boats, the tie shall be broken in favour of the boat with the most first places, and when any such boats remain tied, the most second places and so on, if necessary for such races as count for total points. When the tie still remains, it shall stand as part of the final series results. This changes RRS A8.
- 24.5 (a) When fewer than 4 races have been completed, a boat's regatta score will be the total of her race scores
(b) When 4 to 7 races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score.
(c) When 8 or more races have been completed, a boat's regatta score will be the total of her race scores excluding her two worst scores.
- 24.6 If a points scoring penalty for a breach of RRS rule 42 or under the Arbitration System would result in a score worse than DSQ, the penalty will be that corresponding to DSQ. The scores of other boats will not be changed.
- 24.7 The scoring abbreviation for a discretionary penalty imposed under SI 20.2 or 21.5 will be DPI.
- 24.8 The scoring abbreviation for an arbitration penalty is ARB, and the scoring abbreviation PTS means scoring penalty for a yellow flag after finishing.

25 SAFETY

- 25.1 Competitors shall wear personal flotation devices at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices. This changes rule 40.
- 25.2 Competitors who require assistance from rescue boats should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.
- 25.3 If considered necessary a competitor may be ordered by a race organisation boat to abandon his or her boat and board a rescue boat.
- 25.4 A boat that retires from a race shall notify the race committee as soon as possible. The boat shall complete a retirement declaration form at the race office on return ashore.
- 25.5 Each competitor will be issued with an identification badge at registration. Each competitor shall, before going afloat each day, hand his badge to the beachmaster. Immediately on return to shore each competitor shall reclaim his badge from the beachmaster. This is a safety regulation and replaces the "sign in / sign out" system.
- 25.6 When sailing from the slipway to the racing area and back, competitors shall comply with any instructions from the rescue or committee boats.

26 EQUIPMENT AND MEASUREMENT CHECKS

A boat and equipment may be inspected at any time for compliance with the class rules, wet clothing rules and sailing instructions at the discretion of the class representative, race committee or Protest Committee

27 ADVERTISING

Boats shall display, if applicable, advertising stickers supplied by the organizing authority as near as possible to the bow.

28 OFFICIAL BOATS

- 28.1 Each race committee boat may display a green flag.
- 28.2 Rescue boats shall display a red flag or a flag with letter R
- 28.3 Mark laying boats may display a sponsor flag
- 28.4 Protest Committee boats shall display a white flag with JURY

29 TEAM AND SUPPORT BOATS

- 29.1 Team and Support boat drivers shall register their boats at the Race Office with identity card/passport and names of sailors they are supporting.
- 29.2 Each support boat shall display a numbered flag. The identification flags are mandatory and shall be supplied by the Organising Authority against payment of a refundable deposit of €25. No other individual team support boats shall be used.
- 29.3 Team and support boats shall not be in the racing area during the period between the first warning signal of the first fleet in a race and the finish of the last boat in the last fleet in that race except when a postponement is signalled, in which case they may be in the racing area until the first signal after the end of the postponement. The racing area is defined in instruction 11.2
- 29.4 If a team or support boat does not comply with instruction 29.1, 29.2 and 29.3 a penalty may be applied to some or all associated competitors.
- 29.5 Instruction 29.3 will not apply to rescue operations.

30 TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

31 PRIZES

- 31.1 Prizes for each Regatta will be awarded in the following categories subject to entry numbers.

Standard Fleet:

- Laser Apprentice Standard (35 to 44 years)
- Laser Master Standard (45 to 54 years)
- Laser Grand Master Standard (55 to 64 years)

Laser Radial Fleet:

- Laser Apprentice Radial Men (35 to 44 years)
- Laser Apprentice Radial Women (35 to 44 years)
- Laser Master Radial Men (45 to 54 years)
- Laser Master Radial Women (45 to 54 years)
- Laser Grand Master Radial Men (55 to 64 years)
- Laser Grand Master Radial Women (55 to 64 years)
- Laser Great Grand Master Radial Men (from 65)
- Laser Great Grand Master Radial Women (from 65)

Laser 4.7

- Laser 4.7 Women Overall

- 31.2 Overall Series

ILCA Cubes for places 1 to 3 in each category subject to the minimum requirements of the ILCA Honour Awards By Law.

32 LIABILITY

The KYCN, the Laser Group Belgium, The Vlaamse Yachting Federatie, the Royal Belgian Yachting Federation, the International Laser Class Association, their officers, members and volunteers do not accept liability for loss of life or property, or personal in Protest Committee or damage caused by or arising out of the Europa Cup and Laser Youth Grand Prix Regattas, and competitors take part in the Regattas entirely at their own risk.

The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he or she is sailing. A competitor must be of good health and a competent sailor capable of sailing a Laser in strong winds.

It is the responsibility of each sailor to decide to participate in a race or to continue racing.

33 PHOTOTGRAPHY CONSENT

By entering the Championships competitors accept that they may be photographed and/or videotaped participating in the race and/or using the Championship facilities and they consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitors approval of such images or any use thereof.

34 INSURANCE

Each participating boat shall be insured with valid third party liability insurance with a minimum cover of 1.000.000 € per event or equivalent.

**LASER EUROPA CUP 2010
LASER, LASER RADIAL & LASER 4.7 YOUTH GRAND PRIX 2010
BELGIAN LEG**

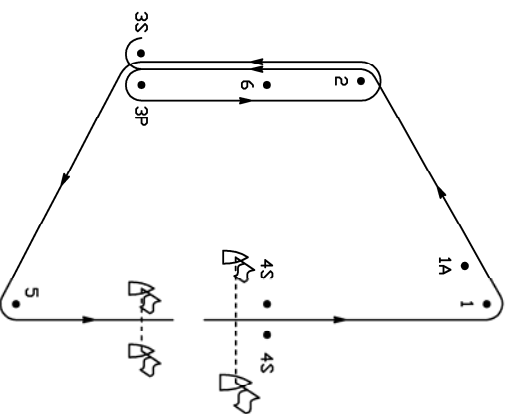
**Thu 29th July 2010 - Sun 1st August 2010
Nieuwpoort**

ATTACHMENT 1

COURSES, STARTING AND FINISHING LINES

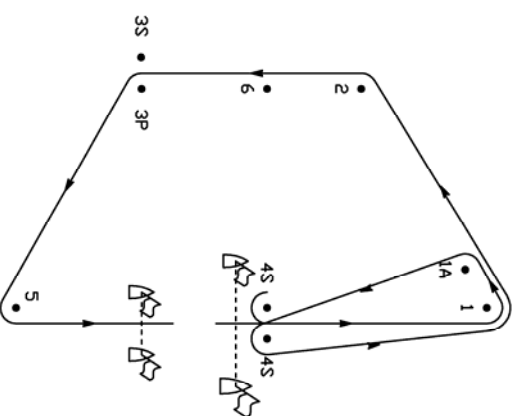
Laser Standard

White flag with red Laser logo
Start, 1, 2, 3S-3P, 2, 3P, 5, Finish
All marks to be left to port
Marks 1A, 4 and 6 are no marks of the course



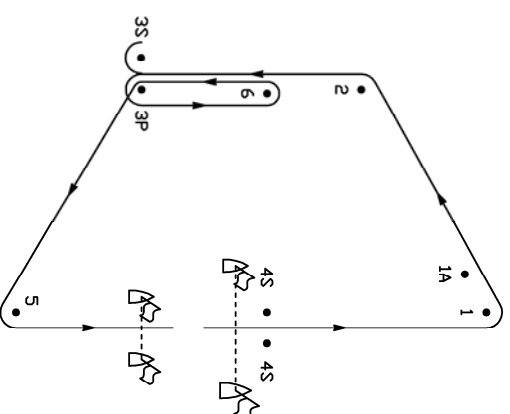
Laser Radial

Green flag with red Laser logo
Start, 1, 1A, 4S-4P, 1, 2, 3P, 5, Finish
All marks to be left to port
Mark 6 is no marks of the course
Mark 4 is no mark of the 1st leg
Mark 1A is no mark of the 5th leg



Laser 4.7

Yellow flag with red Laser logo
Start, 1, 2, 3S-3P, 6, 3P, 5, Finish
All marks to be left to port
Marks 1A and 4 are no mark of the course
Mark 6 is no mark of the 3th leg



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ATTACHMENT 2

RACING AREA

